



Shri Guru Govindsinghji College (B.J.), Malegaon Road, Nanded.

(Affiliated to Swami Ramanand Teerth Marathwada University, Nanded)

Principal: Dr. Vikas Limbaji Kadam [Ph. D. MA(MCJ), NET, PGDEM&FP]

Website: www.sggs.org.in Cell No.: 9325366666 E-mail: kdm.vks@gmail.com



One-Day Online Workshop on Personality Management

Introduction: On 28th January 2023, Shri Guru Govind Singhji College (B.J.), Malegaon Road, Nanded, organized a one-day online workshop on Personality Management. The workshop aimed to provide participants with the tools and strategies necessary for effective personality development, a key component in both personal and professional success. The event was coordinated by Prof. Amol Deepakrao Dhule under the guidance of Principal Dr. Vikas Limbaji Kadam. The session was led by the distinguished guest speaker, Prof. Devidas G. Chavan from Late Bhimrao Chavan Arts & Science College, Chavanwadi (Barhali) Mukhed.

Details of Event:

Date: 28th January 2023

Mode: Online

Hosted by: Shri Guru Govind Singhji College (B.J.), Malegaon Road, Nanded

Coordinator: Prof. Amol Deepakrao Dhule

Principal: Dr. Vikas Limbaji Kadam

Guest Speaker: Prof. Devidas G. Chavan, Late Bhimrao Chavan Arts & Science College, Chavanwadi (Barhali) Mukhed

Workshop Details: The workshop began with an opening address by Dr. Vikas Limbaji Kadam, who underscored the importance of personality management in achieving holistic growth. He emphasized that personality management is not just about improving outward appearances but also about cultivating inner strengths such as confidence, resilience, and emotional intelligence. Dr. Kadam welcomed all participants and thanked Prof. Devidas G. Chavan for his willingness to share his expertise on this crucial topic.

Following the introductory remarks, Prof. Amol Deepakrao Dhule introduced the guest speaker, highlighting Prof. Devidas G. Chavan's extensive experience in personality development and his contributions to the field of education. Prof. Dhule also outlined the

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objectives of the workshop, which included enhancing self-awareness, improving communication skills, and developing strategies for personal and professional growth.

Session Highlights: Prof. Devidas G. Chavan commenced the session by discussing the concept of personality management. He explained that personality encompasses not only an individual's external behavior but also their thoughts, emotions, and attitudes. Prof. Chavan emphasized the need for a balanced approach to personality development, which involves nurturing both the mind and the body.

Key topics covered during the session included:

1. Self-Awareness and Self-Assessment:

- Understanding one's strengths, weaknesses, values, and beliefs.
- Techniques for self-assessment and reflection to identify areas for improvement.

2. Building Confidence and Self-Esteem:

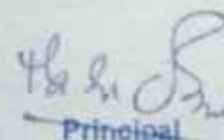
- Strategies to boost self-confidence, including positive self-talk, goal setting, and facing fears.
- The importance of self-esteem in achieving personal and professional success.

3. Effective Communication Skills:

- Verbal and non-verbal communication techniques that enhance interpersonal relationships.
- Active listening, empathy, and assertiveness as key components of effective communication.

4. Emotional Intelligence (EI):

- Understanding and managing one's emotions and recognizing the emotions of others.


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- The role of emotional intelligence in decision-making, conflict resolution, and leadership.

5. Stress Management and Resilience:

- Techniques for managing stress, including mindfulness, relaxation exercises, and time management.
- Building resilience to cope with challenges and setbacks in both personal and professional life.

6. Personal and Professional Growth:


- Setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals for continuous development.
- The importance of lifelong learning and adaptability in a rapidly changing world.

Throughout the session, Prof. Chavan engaged participants with interactive activities, encouraging them to apply the concepts discussed in real-life scenarios. He also shared practical tips and exercises that participants could incorporate into their daily routines to enhance their personality development.

Summary: The workshop concluded with a Q&A session, where participants had the opportunity to ask questions and share their experiences. Prof. Chavan provided insightful answers and personalized advice, making the session both informative and interactive.

In his closing remarks, Prof. Amol Deepakrao Dhule expressed his gratitude to Prof. Devidas G. Chavan for his valuable insights and thanked the participants for their active involvement. He also acknowledged the support of Principal Dr. Vikas Limbaji Kadam in organizing the workshop and emphasized the importance of continuous personality development in achieving success and fulfillment.

The one-day online workshop on Personality Management was a resounding success, providing participants with a deeper understanding of how to manage and enhance their personalities


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effectively. The knowledge and skills gained from this workshop are expected to have a lasting impact on the personal and professional lives of the participants


Coordinator


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Date: 25-01-2023

NOTICE

This is to inform all faculty members that our college is organizing a one-day online workshop on the topic "**Personality Management.**" The workshop is scheduled to take place on **28th January 2023.**

Details of the Workshop:

- **Mode:** Online
- **Guest Speaker:** Prof. Devidas G Chavan, Late Bhimrao Chavan Arts & Science College Chavanwadi (Barhali) Mukhed.

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Date: 23-01-2023

To,

Prof. Devidas G Chavan,

Late Bhimrao Chavan Arts & Science College.

Mukhed.

Subject: Invitation to Speak at One Day Online Workshop on "Personality Management".

Dear Sir,

We are pleased to invite you as a distinguished speaker for the upcoming one day online workshop on "Personality Management," scheduled for 28-01-2023 hosted by Shri Guru Govind Singhji College (B.J.), Malegaon Road, Nanded.

Your expertise in the field makes you an ideal choice to address our audience on this important topic. We would be honoured to have you share your insights and contribute to the success of the workshop.

We look forward to your positive response.

Warm regards,

Principal

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Malegaon Road, Nanded.





Shri Guru Govind Singhji College (B.J.), Nanded

Organized

Workshop On

Personality Management

Speaker



Prof. Devidas G Chavan

Late Bhimrao Chavan Arts & Science College
Chavanwadi (Barhali) Mukhed

Date : 28.01.2023

Principal

Dr Vikas Limbaji Kadam

Coordinator

Prof. Amol D Dhule


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Date: 28-01-2023

To,

Prof. Devidas G Chavan,

Late Bhimrao Chavan Arts & Science College,

Mukhed.

Dear Sir,

On behalf of Shri Guru Govind Singhji College (B.J.), Malegaon Road, Nanded, I would like to extend our heartfelt thanks to you for your valuable contribution as a speaker at the one day online workshop on "Personality Management" held on 28-01-2023.

We greatly appreciate the time and effort you invested in preparing for the workshop, as well as your willingness to share your knowledge with us. Your participation has helped us achieve the objectives of the event, and we look forward to the possibility of collaborating with you on future initiatives.

Once again, thank you for your invaluable contribution. We hope to have the pleasure of working with you again soon.

Warm regards,

Principal

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